

Have you any experience of the Martial Arts. State styles practised and time spent practising/ grades

etc.....
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What do you hope to gain from practising Self Protection?

Eg Self Confidence – Fitness – Strength – Knowledge – Lose Weight - Other?

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Do you have any Medical Conditions that may affect your training?

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Where did you hear about us?

Text - Facebook - Friend - Internet Search - Website - Word of Mouth Other

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Declaration... I understand that there are some risks taking part in any Sporting or Physical activity and that Self Protection and Self Defence Techniques are no different in these respects. I will endeavour to listen to my instructor and adhere to all safe practises that are recommended during my training. I understand that if I do not adhere to this advice then it may result in the withdrawal of my rights to train with others individuals at DDL/ASMAA or under the guidance of Mr Liam Mcloughlin.

I am happy for photographs to be used ...

On the DDL Website www.ddlprotectionsolutions.co.uk Y/ N

On DDL PROTECTION SOLUTIONS Facebook Page Y/ N

On Leaflets and/ or flyers Y/N

I understand that if I am under 16 Years of age I will need parental permission to both train and give consent to use of Photos on Promotional Literature.

Name.....Date..... (STUDENT)

Name.....Date..... (PARENT/ CARER IF UNDER 16)